Team Leicestershire Hockey Handbook

Key Information
Rules and Formats

2020/21
Welcome

Welcome to the 2020/21 Team Leicestershire Hockey Season. All sport-specific information, rules, formats and age groups are included within this handbook. For additional Team Leicestershire information, overarching rules and processes, please also ensure that you refer to the 2020/21 Team Leicestershire handbook.

Obligations

It is imperative that Team Managers read and understand the contents of this sport specific handbook and the generic Team Leicestershire rules and formats handbook to ensure the smooth running of each competition.

Please pay specific attention to the deadlines and play by dates within this document.

Covid-19 Amendment

Following the Coronavirus outbreak, the 2020-21 academic year will no doubt be a very different and challenging period. With this in mind, it is important that LRS, SSPANs, SCHOOLS and SPORTS ASSOCIATIONS recognise and understand that flexibility and adaptability will be imperative to the delivery of the Competition Calendar. Therefore, the dates and formats stated in this document are an ‘ideal scenario’ and may be subject to change at both local and County level.

It is important that opportunities for young people to compete are provided and so in order to do this, we may have to utilise that flexibility and adaptability with the support of schools and delivery partners involved. Any required changes (if and when the need arises) will be communicated as clearly and as early as possible to allow for any necessary amendments by all parties involved.

We thank you for your support in this matter during these unprecedented times.
Association Committee

Chair
- Dinesh Chudasama

Treasurer
- Mandy Mercer

Secretary
- Jane Jelley

Additional committee members
- Jenny Summers
- James Bateman
- Graham Wolloff
- Julie Whalley
- Dinesh Chudasama
- Mary Lilliman
- Helen Jelley

Contact details
Should you wish to contact a representative of the Association, please use the following contact details:

Jane Jelley: jane.jelley@talk21.com / 07743301525
Rules and Formats

Age groups

Under 12 Boys
Under 12 Girls

- The idea behind this change is to capitalise on the success of Quicksticks Hockey at Primary. Therefore LRS and SSPANs will look to share with Secondary Schools details on which Primary Schools engaged with those competitions so players can be identified at Y7
- SSPANs to run Central Venue Leagues – joining up with a neighbouring district if they do not have the demand in their own area to run their own league (EG: 2 SSPANs per CVL)
- No min or max number of CVL sessions dictated but ideally at least one per month for the period of time Hockey is being played
- Venue can remain the same or alternate / rotate around the area in order to maximise accessibility
- Schools have the option to attend other CVLs at different locations in the County to access additional opportunities, but ideally should access their closest one in the first instance as their primary opportunity
- CVLs will ideally feed into / prepare schools for a County Finals Night which is currently scheduled for late January 2021 to give adequate time for winning teams to progress to the England Hockey County event on 4th March
- Definitive dates, times, venue and numbers involved in County Finals Night are TBC but the suggestion for this year is that access to the County Finals Night is open entry to promote engagement.
- **HOWEVER:** Schools SHOULD look to attend a local CVL prior to the County event IF one is available in their area to familiarise themselves with the rules, formats, game-play and level of competition.

NB: U14 Boys, U14 Girls, U16 Boys & U16 Girls Competitions are still available to schools but this is entered via direct contact with the Hockey Association via Jane Jelley (Contact details on previous page)
General Rules (U12 Format)

- Squads may consist of 10 players, with 6 on the field of play at any one time. Goalkeepers and kicking backs are not permitted.
- Girls may be a part of a boys squad, but boys cannot take part in a girls competition.
- Substitutions may be made at any time other than during a penalty corner or penalty shot.
- Standard Hockey Goal are used.
- In2Hockey balls must be used. Under no circumstances should a standard hockey ball be used.
- Standard field hockey sticks must be used. Teachers should ensure that sticks are safe and of a suitable length and weight.
- It is strongly recommended that all players wear shin pads and mouth-guards. Jewellery and baseball caps are not permitted.
- Please make sure your players have appropriate footwear - no studded footwear.
- Games are to be played across half a full size hockey pitch.
- Shooting circles are the same as a full size pitch (14.63m)
- Restricted zone is a radius of 4.57m from the centre of the goal line.
- Penalty Shot Spot is 3m from top of the shooting circle.
- Penalty Corner Marker is 10m from each goalpost on the back-line.
- Each school should provide one umpire who umpires their defending end.
- The umpires are responsible for all decisions.
- Full rules and coaching support is available for free at [http://in2hockey.englandhockey.co.uk](http://in2hockey.englandhockey.co.uk)

For all other rules and guidance on the format of the Team Leicestershire Hockey competitions, please visit [http://www.teamleicestershire.org/teamleicestershirehockey/](http://www.teamleicestershire.org/teamleicestershirehockey/)

County Finals Night Date

County Finals Night (Open-Entry) scheduled for 27.01.2021
*(TBC and dependent on elements such as Government and NGB advice)*